

## CALCIUM MAGNESIUM ZINC SKIN KOMPLEX



- for healthy bones and teeth
- supports the growth and nutrition of hair and nails
- maintains the youthful appearance, flexibility and softness of the skin
- supports the production of collagen and elastin

### ACTIVE SUBSTANCES

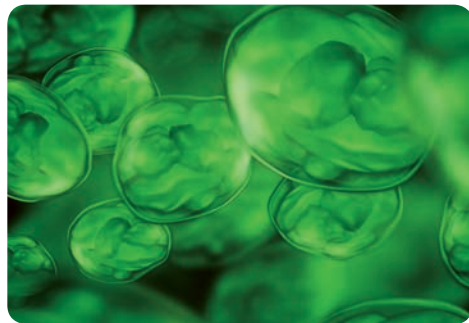
calcium 260mg, magnesium 130mg, zinc 8mg,  
pinus pinaster extract 15mg

### CONTENT / PRICE

90 tablets / **145 CZK**      60 tablets / **111 CZK**



## CHLORELLA



- includes a high amount of vitamins, minerals, amino-acids, chlorophyll, folic acid, choline and biotin
- strengthens the immune system
- affects an intestinal microflora favorably
- helps reducing the body weight

### ACTIVE SUBSTANCES

Chlorella Pyrenoidosa 495mg

### CONTENT / PRICE

200 tablets / **280 CZK**



## SILYMARIN MILK THISTLE



- natural extract of the milk thistle seed
- helps regenerate and detoxify liver tissue
- recommended by doctors for liver damage through excessive alcohol consumption and following jaundice
- protects the heart and blood vessels from atherosclerosis

### ACTIVE SUBSTANCES

Silybum Marianum extract – Silymarin 250 mg

### CONTENT / PRICE

60 tablets / **206 CZK**



# How to obtain nefdesanté products?



## No nefdesanté products found at your pharmacy?

*Although we have been constantly expanding the range of sales points, sometimes it may happen that the desired product cannot be found at your pharmacy. What to do?*

- 1 Simply order the desired product at your pharmacist's. The product is usually ready for pick up next day.
- 2 Order the product directly from us at our toll-free line **800 600 108** or by e-mail at [objednavka@nefdesante.cz](mailto:objednavka@nefdesante.cz).
- 3 Order the product through e-shop [www.lekarna.cz/nefdesante](http://www.lekarna.cz/nefdesante). Visit [www.nefdesante.cz](http://www.nefdesante.cz); enter the internet shop by clicking webshop in the main navigation bar. You will find our products here including news for attractive prices.

*Are you our permanent customer and have you had repeated trouble finding a selected product at your pharmacy? Send us its name and the address of your pharmacy, and we will seek to redress the situation.*



Pharmacy



Eshop



Telephone line

**nefdesanté**  
Health and vitality

# PRODUCT SUMMARY

Valid from 1. 1. 2013

## SPECIAL OFFER: BUY 2 GET 1 FREE

Buy two nefdesanté products  
and get a **third one for free!**

When you buy any two nefdesanté products, same or different, just send us their barcodes on the white background found on the side part of the box by post or deliver them in person, and you will obtain a third product from our current offer, free of charge.  
**For more information about the 2+1 event and about benefits visit [www.nefdesante.cz](http://www.nefdesante.cz).**

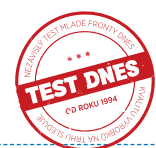


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**nefdesante.cz**



OMEGA 3



- decreases the risk of cardiac events
- affects cholesterol levels favorably
- treats hypertension and cardiac arrhythmias
- influences the heart and vessels beneficially
- for strong and healthy hair, teeth and skin

ACTIVE SUBSTANCES

fish oil 995mg with a guaranteed content of EPA – min. 18% and DHA – min. 12%, vitamin E 5 mg

CONTENT / PRICE

90 capsules / 134 CZK      60 capsules / 103 CZK



OMEGA 3 ČESNEK



- decreases the risk of cardiac events
- affects cholesterol levels favorably
- treats hypertension and cardiac arrhythmias
- to be used as a strong antioxidant
- efficient as antifungal and bactericidal substance
- for strong and healthy hair, teeth and skin

ACTIVE SUBSTANCES

Fish oil: 1000 mg, vitamin E: 11 mg, Garlic oil 5 mg

CONTENT / PRICE

90 capsules / 169 CZK



COENZYME Q10  
30 mg



- is a reactivator of 95 % of all cell energy
- suitable for the sick and those recovering from illness, the elderly, and athletes
- has a beneficial effect on cardiac insufficiency and ischaemic heart disease

ACTIVE SUBSTANCES

Coenzyme Q10 (30mg 5% in one organically sourced capsule), Vitamin E 5mg

CONTENT / PRICE

90 capsules / 228 CZK      60 capsules / 174 CZK



SEABUCKTHORN  
GREEN TEA VITAMINE C



- stimulates the immunity system.
- protects against harmful infections.
- contains large amounts of vitamins, minerals, and flavonoids, all from natural resources.
- suitable for smokers

ACTIVE SUBSTANCES

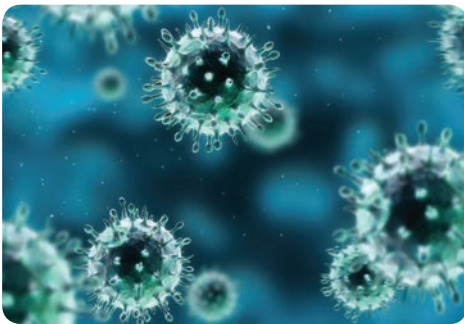
vitamin C 200mg, green tea extract 187 mg, sea buckthorn extract 120 mg

CONTENT / PRICE

60 tablets / 123 CZK



BETA GLUCAN



- increases immunity significantly
- protects against viral and bacterial diseases effectively
- helps the organism under stress and at a feeling of exhaustion
- protects the organism against the radiation of mobile phones, televisions, computers

ACTIVE SUBSTANCES

1–3 betaglucan 100mg

CONTENT / PRICE

90 capsules / 228 CZK      60 capsules / 173 CZK



CRANBERRIES  
D-MANNOSE NETTLE



- has a beneficial effect on the urinary tract
- helps against incontinence and menstrual difficulties
- strengthens defensive capacity of the organism

ACTIVE SUBSTANCES

cranberry extract 300 mg, stinging nettle leaf extract 30 mg, D-mannose 10 mg, vitamin C 60 mg

CONTENT / PRICE

60 tablets / 249 CZK



LECITHIN



- improves memory and concentration ability
- helps to feed brain cells
- breaks down fats
- decreases cholesterol levels
- improves skin quality

ACTIVE SUBSTANCES

lecithin 1200mg

CONTENT / PRICE

90 capsules / 137 CZK      60 capsules / 103 CZK



GINKGO BILOBA  
60 mg



- harmonizes the central nervous system and blood circulation
- affects memory and brain activities favorably
- decreases risks of strokes and heart attacks
- helps when experiencing cold limbs

ACTIVE SUBSTANCES

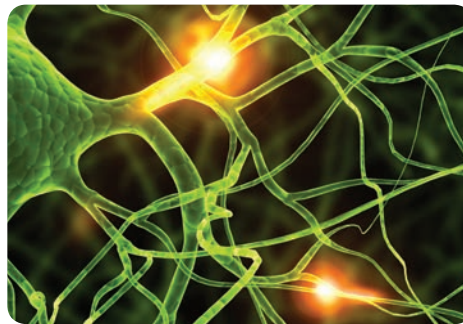
Ginkgo Biloba extract 60 mg

CONTENT / PRICE

60 capsules / 144 CZK



GINSENG 200 mg



- harmonizes the whole organism
- affects potency favorably
- helps during stress
- helps exhausted organisms
- affects organism's stamina favorably

ACTIVE SUBSTANCES

ginseng extract 200mg, vitamin E 5 mg, lecithin 15 mg

CONTENT / PRICE

60 capsules / 143 CZK

